

THE MORE PEOPLE WEARING MASKS, THE LESS COVID THERE IS. THE LESS COVID, THE FEWER SICK AND SERIOUSLY ILL PEOPLE.

## COVID-19 is much deadlier than the cold or flu.

Repeated COVID-19 infections can damage multiple organs and long-term health, even if you are vaccinated and an initial infection is milder.

Indoors and in crowds, high-quality masks are an important line of defence.

And the defence is even better when all of us do it.



actagainstcovid.ca

Everyone's health is worth it.